Department of Behavioral Health and Nutrition MINOR: PUBLIC HEALTH

Minimum Credits in the Minor: 18 (with an additional 3 co-requisite STAT credits)

Public Health is the scientific field of study focused on preventing disease, prolonging life, and promoting health. This is achieved through the conduct of scientific research, implementation of health education programs and the organized efforts and informed choices of society, communities and individuals. A joint program between the **Department of Behavioral Health and Nutrition** and the **School of Public Policy and Administration**, the Public Health minor provides an interdisciplinary opportunity to develop practical skills in program development and increase knowledge in the areas of social systems and policy as well as leadership. This minor offers a greater appreciation for the application of public health concepts to the student's field of study.

The minor, available to students of all disciplines, requires 18 credit hours distributed as follows: Three required core courses (9 credits), and three elective courses (9 credits). At least six of the nine elective credits must be chosen from outside your major. All courses in the minor must be completed with a C- or better.

REQUIRED CORE COURSES: 9 credit hours (available fall and spring semesters): HLPR/UAPP211 Intro to Public Health

HLPR/UAPP222 Intro to Epidemiology* (Coreq stat class options: STAT200, MATH201, MATH205, BHAN326, SOCI301, STAT408 or PSYC209) HLPR/UAPP233 Intro to Global Health

<u>ELECTIVE COURSES: 9 credit hours:</u> one 3-credit course from each of the following categories. One of the three electives may be taken from within student's major.

Program Development – 3 credits:

BHAN332 HIth Behavior Theory & Assessment* BHAN490 Devmnt of HIth Promotion Progms* HDFS230 Families and Their Communities HDFS346 Counseling in Human Services * HDFS347 Program Development & Eval * HLPR610 Health and the Media NURS382 Communities and Health * (2 credits; open only to nursing students; 1 additional credit of independent study will be required)

Social Systems and Policy – 3 credits:

ECON311 Economics of Developing Countries* ECON343 Environmental Economics * ECON390 Economics of Healthcare * ECON490 Economics of Health Policy * HDFS402 Child and Family Policy * SOCI311 Sociology of Health and Illness SOCI349 Aging and Society UAPP110 Changing the World & Public Policy UAPP225 Crafting Public Policy
UAPP325 Public Policy Analysis
UAPP410 Making Convincing Policy Arguments
UAPP419 Policy Leadership and Ethics
UAPP427 Evaluating Public Policy
UAPP657 Health Policy
WOMS 389: Topics: Women Health Issues

Leadership – 3 credits:

BHAN329 Dynamics of Team Problem Solving COMM330 Communication and Interpersonal Behavior LEAD100 Leadership, Integrity and Change

LEAD101 Global Context for Leadership

LEAD200 The Leadership Challenge LEAD300 Leadership, Creativity and Innovation * LEAD400 Leadership for the Common Good *

Admission: Freshmen and transfer students must wait until after first semester grades have been posted to request the minor; all others may apply for the minor at any time via the UDSIS Webform "Change Major, Minor..." Minimum 2.0 GPA required. It is not necessary to meet with the minor advisor to have your request approved however if you need assistance, advisement or curricular information please contact minor advisor Dr. Mia Papas, <u>mpapas@udel.edu</u>, 831-4990.

* These courses have prerequisites